

23

GREATEST OF ALL TIME

“HE RESTORES MY SOUL”

DISCUSSION QUESTIONS

1

When God meets our physical needs, He is guiding us to rest. As the difference between wants and needs are revealed and clarified in this season, David’s Psalm declares that God provides rest while caring for us in 23:2. As the illustration suggests for sheep (and for us), rest isn’t always natural or easy. How do you purposefully enter into rest in this season? How have you recognized God’s provision for all your needs?

2

Increased emotional needs can feel like a tidal wave without hope or a sense of light at the end of the tunnel. All the while, David’s confidence is that God leads Him to refreshing spaces; not raging out of control, but quiet and life-giving. How has your world gotten less noisy? In the quietness, as God leads, what emotions do you need to submit to Him to be emotionally refreshed?

3

Restoration of our own souls is the third promise outlined by David in this section. The order of care starts with physical needs satisfied, then emotional needs met, and finally the soul. If the process is sequential in nature, what phase do you see yourself in? How might God be able to use you to help someone else experience this kind of care?

