



WEEK #1: Thank You/I Love You

To see our relationships grow, we have to speak _____.

A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.

Luke 6:45 (NLT)

On the way to Jerusalem he was passing along between Samaria and Galilee. And as he entered a village, he was met by ten lepers, who stood at a distance and lifted up their voices, saying, "Jesus, Master, have mercy on us." When he saw them he said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving him thanks. Now he was a Samaritan. Then Jesus answered, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And he said to him, "Rise and go your way; your faith has made you well."

Luke 17:11-19 (ESV)

- Unexpressed _____ communicates _____.
- Unexpressed _____ communicates _____.
- _____ and _____ communicate _____.

Bottom line:

Be the one who _____ to express gratitude and love to the one who enables you to _____.

Discussion questions:

1. Do you consider yourself someone that finds it easy to express your gratitude and love to others? Why or why not?
2. What's the most meaningful way that someone else expressed appreciation or love to you in your life? Why was that so impactful to you?
3. What are some ways that you could express gratitude and love to God? Share how you might be able to incorporate that into the coming week.

Recommended Resources:

- *Renovation of the Heart*, by Dallas Willard
- *One Thousand Gifts: A Dare to Live Fully Right Where You Are*, by Ann Voskamp
- *The Relationship Principles of Jesus*, by Tom Holladay
- *The Grumbler's Guide to Giving Thanks*, by Dustin Crowe

(NLT) New Living Translation

(ESV) English Standard Version

WEEK #1: Thank You/I Love You - FILL

To see our relationships grow, we have to speak hard words.

A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.

Luke 6:45 (NLT)

On the way to Jerusalem he was passing along between Samaria and Galilee. And as he entered a village, he was met by ten lepers, who stood at a distance and lifted up their voices, saying, "Jesus, Master, have mercy on us." When he saw them he said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving him thanks. Now he was a Samaritan. Then Jesus answered, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And he said to him, "Rise and go your way; your faith has made you well."

Luke 17:11-19 (ESV)

- **Unexpressed appreciation communicates ingratitude.**
- **Unexpressed love communicates indifference.**
- **Ingratitude and indifference communicate rejection.**

Bottom line:

Be the one who goes back to express gratitude and love to the one who enables you to move forward.

Discussion questions:

1. Do you consider yourself someone that finds it easy to express your gratitude and love to others? Why or why not?
2. What's the most meaningful way that someone else expressed appreciation or love to you in your life? Why was that so impactful to you?
3. What are some ways that you could express gratitude and love to God? Share how you might be able to incorporate that into the coming week.

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