



Mother's Day 2023

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you," declares the LORD...

Jeremiah 29:11-14 (NIV)

1. You are _____ by God.

And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

Ephesians 3:18-19 (NLT)

"But blessed is the man who trusts me, God, the woman who sticks with God."

Jeremiah 17:7-8 (MSG)

2. You are _____ by God.

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Ephesians 2:10 (NIV)

Find your journey to restoration and healing in the RAIN:

- **R** _____ what's going on.
- **A** _____ to be there.
- **I** _____ into the moment and stay curious.
- **N** _____ with compassion and love.

Discussion Questions

1. When you feel alone and lost, do you cry out to God? If so, do you trust him to carry you through turbulent times?
2. What does it mean to you to know that God has plans to prosper and give you hope and a future?
3. How do you seek God with your whole heart in your daily life?

Recommended Resources

- *Surrender to Love*, by David G. Benner
- *The Grief Recovery Handbook*, by John W. James and Russell Friedman
- *The Critical Journey: Stages in the Life of Faith*, by Janet O. Hagberg and Robert A. Guelich
- *Unhindered*, by Charity Byers, Ph.D. and John Walker, Ph.D.
- *I Have A New Name*, by Hosanna Poetry via Apple or Spotify streaming

(NIV) New International Version

(NLT) New Living Translation

(MSG) The Message

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Jeremiah 29:11-14 (NIV)

1. You are loved and known by God.

And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

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"But blessed is the man who trusts me, GOD, the woman who sticks with GOD."

Jeremiah 17:7-8 (MSG)

2. You are seen by God.

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Ephesians 2:10 (NIV)

Find your journey to restoration and healing in the RAIN:

- Recognize what's going on.
- Allow the experience to be there.
- Invite God's presence into the moment and stay curious.
- Nurture yourself with compassion and love.

Discussion Questions

1. When you feel alone and lost, do you cry out to God? If so, do you trust him to carry you through turbulent times?
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