

# INVITATIONS

## An Invitation to Rest and Renewal

### 1. Jesus invites us to come and \_\_\_\_\_.

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*

Matthew 11:28-30 (NIV)

### • Jesus shows us His \_\_\_\_\_ with an invitation to match His \_\_\_\_\_.

*Truly my soul finds rest in God;  
my salvation comes from him.  
Truly he is my rock and my salvation;  
he is my fortress, I will never be shaken.*

Psalms 62:1-2 (NIV)

### 2. Jesus invites us to come and be \_\_\_\_\_.

*I have come to give you everything in abundance, more than you expect – life in its fullness until you overflow!*

John 10:10 (TPT)

### • Jesus fills my life with more than \_\_\_\_\_, so I can share with those who are \_\_\_\_\_.

*So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but*

*understand what the Lord wants you to do. Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, ...*

Ephesians 5:15-18 (NLT)

## Discussion Questions

1. Throughout this series, we have been reminded of Jesus' invitation to a life that is deeply rooted and connected to Him. In what ways have you been intentionally drawing closer to and maintaining your connection with Him over the past few weeks?
2. What other spiritual practices can you put in place that would help you to experience Jesus' grace?
3. Jesus is always at work everywhere. He invites us to participate in the work He is already doing. In what spheres of your life might Jesus be inviting you to meet a need? What tangible steps will you take to meet that need over the next few weeks?

## Recommended Resources

- *An Unhurried Life*, by Alan Fadling
- *The Ruthless Elimination of Hurry*, by John Mark Comer
- *Soul Keeping*, by John Ortberg
- *Life Without Lack*, by Dallas Willard
- *A Shepherd Looks at Psalm 23*, by W. Phillip Keller

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