



Week #1: Patient and Kind

- When it comes to love, not all love is _____.

Four Types of Love in Scripture:

1. EROS: Love that is _____ and _____. (Song of Solomon)
2. STORGE: Love of _____. (Romans 12:10)
3. PHILIA: Love of friends _____. (John 11:3)
4. AGAPE: Love that is _____ and _____. (John 15:13)

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.

1 Corinthians 13:4-8 (NIV)

- God's patience _____ is evidence of God's kindness _____.

But God shows his love for us in that while we were still sinners, Christ died for us.

Romans 5:8 (ESV)

Discussion Questions

1. Consider specific people in your life (spouse, children, friend, coworkers) who test your patience. In which relationship are you struggling to show agape love towards? What practical steps can you take to cultivate a heart of patience towards that individual?
2. Who in your life might need undeserved kindness right now? How can you reflect God's kindness to them through your actions, words, or presence this week?

3. Reflecting on Romans 5:8, how does God's example of undeserved kindness and patience inspire you to live differently? In what specific areas of your life do you need to grow practicing both patience and kindness?

Recommended Resources

- [Embracing the Love of God, by James Bryan Smith](#)
- [Everybody Always: Becoming Love in a World Full of Setbacks and Difficult People, by Bob Gof](#)
- [On Marriage: How to Find God, by Timothy and Kathy Keller](#)
- [Securely Attached: Transform Your Attachment Patterns into Loving, Lasting Romantic Relationships, by Eli Harwood](#)
- [The Seven Principles for Making Marriage Work, by John Gottman](#)

(NIV) New International Version

(ESV) English Standard Version

Week #1: Patient and Kind - **FILL**

- When it comes to love, not all love is the same.

Four Types of Love in Scripture:

1. EROS: Love that is romantic and sexual. (Song of Solomon)
2. STORGE: Love of family. (Romans 12:10)
3. PHILIA: Love of friends like family. (John 11:3)
4. AGAPE: Love that is unconditional and selfless. (John 15:13)

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.

1 Corinthians 13:4-8 (NIV)

- God's patience with me is evidence of God's kindness towards me.

But God shows his love for us in that while we were still sinners, Christ died for us.

Romans 5:8 (ESV)

Discussion Questions

1. Consider specific people in your life (spouse, children, friend, coworkers) who test your patience. In which relationship are you struggling to show agape love towards? What practical steps can you take to cultivate a heart of patience towards that individual?
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