



Week #1: Uncomplicate Your Faith

Big idea:

Connecting with God can feel so _____.

The problem:

We often feel _____ to God.

6 Greatest Roadblocks to God:

- _____
- _____
- _____
- _____
- _____
- _____

"Live in me. Make your home in me just as I do in you. In the same way that a branch can't bear grapes by itself but only by being joined to the vine, you can't bear fruit unless you are joined with me."

I am the Vine, you are the branches. When you're joined with me and I with you, the relation intimate and organic, the harvest is sure to be abundant. Separated, you can't produce a thing."

John 15:4-5 MSG

The solution:

A _____ relationship with _____.

_____ is your shortcut.

_____ is your shortcut.

The Roadblock of Expectations

“Be perfect, therefore, as your heavenly Father is perfect.”

Matthew 4:48 NIV

God does not call you to be _____.

God calls you to be _____.

“You have heard that it was said, ‘Love your neighbor and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. If you love those who love you, what reward will you get? Are not even the tax collectors doing that? And if you greet only your own people, what are you doing more than others? Do not even pagans do that? Be perfect, therefore, as your heavenly Father is perfect.”

Matthew 5:43–48 NIV

God calls you to ____ Him and ____ others _____.

Big idea:

Connecting with God can feel so _____.

Jesus came to _____ it.

Discussion questions:

1. What is a roadblock you have encountered to connecting with God?
2. How would you describe your “soil”—where you’re from, what you’re made of, and where you are in your life now? What would it look like to invite God into the middle of it?
3. What is a way you’ve once overcomplicated your faith?
4. What is an expectation you’ve carried that does not come from God that you will release today?

Recommended resources:

[Uncomplicate It: Permission to Enjoy God in Your Unique Way](#) by Hosanna Wong

[A Contrarian's Guide to Knowing God: Spirituality for the Rest of Us](#) by Larry Osborne

[Chasing Vines: Finding Your Way to an Immensely Fruitful Life](#) by Beth Moore

[The Garden Within: Where the War with Your Emotions Ends and Your Most Powerful Life Begins](#) by Dr. Anita Phillips

[Sit. Walk. Stand](#) by Watchman Nee

(NIV) New International Version (MSG) The Message Bible

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Week #1: Uncomplicate Your Faith

Big idea:

Connecting with God can feel so complicated.

The problem:

We often feel roadblocks to God.

6 Greatest Roadblocks to God:

- Busyness
- Distractions
- Grief
- Shame
- Silence
- Expectations

“Live in me. Make your home in me just as I do in you. In the same way that a branch can’t bear grapes by itself but only by being joined to the vine, you can’t bear fruit unless you are joined with me.

I am the Vine, you are the branches. When you’re joined with me and I with you, the relation intimate and organic, the harvest is sure to be abundant. Separated, you can’t produce a thing.”

John 15:4-5 MSG

The solution:

A real relationship with Jesus.

Jesus is your shortcut.

Your soil is your shortcut.

The Roadblock of Expectations

“Be perfect, therefore, as your heavenly Father is perfect.”

Matthew 4:48 NIV

God does not call you to be perfect.

God calls you to be whole.

“You have heard that it was said, ‘Love your neighbor and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. If you love those who love you, what reward will you get? Are not even the tax collectors doing that? And if you greet only your own people, what are you doing more than others? Do not even pagans do that? Be perfect, therefore, as your heavenly Father is perfect.”

Matthew 5:43–48 NIV

God calls you to love Him and love others completely.

Big idea:

Connecting with God can feel so complicated.

Jesus came to uncomplicate it.

Discussion questions:

1. What is a roadblock you have encountered to connecting with God?
2. How would you describe your “soil”— where you’re from, what you’re made of, and where you are in your life now? What would it look like to invite God into the middle of it?
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