



You Are More Than You've Been Told

The Problem: You've been told _____ your whole _____.

Jesus fasted for 40 days and 40 nights. After this fast, He was, as you can imagine, hungry. But He was also curiously stronger, when the tempter came to Jesus.

Devil: *If You are the Son of God, tell these stones to become bread.*

Jesus (quoting Deuteronomy): *It is written, "Man does not live by bread alone. Rather, he lives on every word that comes from the mouth of the Eternal One."*

Matthew 4:2-4 (VOICE)

Then the devil took Jesus to the holy city, Jerusalem, and he had Jesus stand at the very highest point in the holy temple.

Devil: *If You are the Son of God, jump! And then we will see if You fulfill the Scripture that says,*

*He will command His heavenly messengers concerning You,
and the messengers will buoy You in their hands
So that You will not crash, or fall, or even graze Your foot on a stone.*

Jesus: *That is not the only thing Scripture says. It also says, "Do not put the Eternal One, your God, to the test."*

Matthew 4:5-7 (VOICE)

And still the devil subjected Jesus to a third test. He took Jesus to the top of a very high mountain, and he showed Jesus all the kingdoms of the world in all their splendor and glory, their power and pomp.

Devil: *If You bow down and worship me, I will give You all these kingdoms.*

Jesus: *Get away from Me, Satan. I will not serve you. I will instead follow*

Scripture, which tells us to “worship the Eternal One, your God, and serve only Him.”

Then the devil left Jesus. ...

Matthew 4:8-11 (VOICE)

The Plan: Follow _____ for _____.

Four Rhythms of Jesus:

1. Engaging in God’s Word.

After three days they found him in the temple courts, sitting among the teachers, listening to them and asking them questions.

Luke 2:46 (NIV)

2. Prayer.

But He was also curiously stronger, when the tempter came to Jesus.

Matthew 4:3 (VOICE)

3. Rest.

John 3:22, Mark 4:38, Mark 6:31-32, Luke 10:38–42

4. Real Community. (Confession and Celebration)

John 3:22, John 10:38-42, Mark 14:12-26, John 2:1-12

The Peace: Living as who you _____ are (_____).

Final Thought: When you follow the ways of Jesus, you discover who you _____, and live the life you’ve been _____.

Discussion Questions

1. What is a name that you have heard or believed that has felt like a ceiling over your life?
2. What is at risk if we don’t know who we really are?
3. What is a new name that God calls you that you are answering today?

Recommended Resources

- *You Are More Than You’ve Been Told*, by Hosanna Wong
- *The Spirit of Disciplines*, by Dallas Willard
- *Starved*, by Amy Seiffert
- *Prayer*, by Timothy Keller

- *Fervent*, by Priscilla Shirer
- *Celebration of Discipline*, by Richard J. Foster
- *Rule of Life Podcast*, by Practicing the Way

(VOICE) The Voice

(NIV) New International Version

Identity - You Are More Than You've Been Told - **FILL COPY**

The Problem: You've been told lies your whole life.

Jesus fasted for 40 days and 40 nights. After this fast, He was, as you can imagine, hungry. But He was also curiously stronger, when the tempter came to Jesus.

Devil: *If You are the Son of God, tell these stones to become bread.*

Jesus (quoting Deuteronomy): *It is written, "Man does not live by bread alone. Rather, he lives on every word that comes from the mouth of the Eternal One."*

Matthew 4:2-4 (VOICE)

Then the devil took Jesus to the holy city, Jerusalem, and he had Jesus stand at the very highest point in the holy temple.

Devil: *If You are the Son of God, jump! And then we will see if You fulfill the Scripture that says,*

*He will command His heavenly messengers concerning You,
and the messengers will buoy You in their hands
So that You will not crash, or fall, or even graze Your foot on a stone.*

Jesus: *That is not the only thing Scripture says. It also says, "Do not put the Eternal One, your God, to the test."*

Matthew 4:5-7 (VOICE)

And still the devil subjected Jesus to a third test. He took Jesus to the top of a very high mountain, and he showed Jesus all the kingdoms of the world in all their splendor and glory, their power and pomp.

Devil: *If You bow down and worship me, I will give You all these kingdoms.*

Jesus: *Get away from Me, Satan. I will not serve you. I will instead follow Scripture, which tells us to "worship the Eternal One, your God, and serve only Him."*

Then the devil left Jesus. ...

Matthew 4:8-11 (VOICE)

The Plan: Follow Jesus for real.

Four Rhythms of Jesus:

1. Engaging in God's Word.

After three days they found him in the temple courts, sitting among the teachers, listening to them and asking them questions.

Luke 2:46 (NIV)

2. Prayer.

But He was also curiously stronger, when the tempter came to Jesus.

Matthew 4:3 (VOICE)

3. Rest.

John 3:22, Mark 4:38, Mark 6:31-32, Luke 10:38-42

4. Real Community. (Confession and Celebration)

John 3:22, John 10:38-42, Mark 14:12-26, John 2:1-12

The Peace: Living as who you really are (no matter what).

Final Thought: When you follow the ways of Jesus, you discover who you really are, and live the life you've been created to live.

Discussion Questions

1. What is a name that you have heard or believed that has felt like a ceiling over your life?
2. What is at risk if we don't know who we really are?
3. What is a new name that God calls you that you are answering today?

Recommended Resources

- *You Are More Than You've Been Told*, by Hosanna Wong
- *The Spirit of Disciplines*, by Dallas Willard
- *Starved*, by Amy Seiffert
- *Prayer*, by Timothy Keller
- *Fervent*, by Priscilla Shirer
- *Celebration of Discipline*, by Richard J. Foster
- *Rule of Life Podcast*, by Practicing the Way